

## Expressions 2026 Performance Application Form

You can complete your application in many different formats. You can find this on [northernballet.com](http://northernballet.com) available as a Word and a PDF document, which you can complete by hand and scan it to send to us, or you can complete it digitally. You can also submit a [digital form using Wufoo](#), and this will automatically be sent back to us when you complete. Please note, you can't save your answers and come back to them using the Wufoo form.

You can also record an audio note or video answering the questions if that is easier for you. Alternatively, if you would like to answer the questions over the phone, via a Zoom call or at an in-person meeting we can arrange this for you as well.

Get in touch with us via [expressions@northernballet.com](mailto:expressions@northernballet.com) or 0113 220 8000 to find out more.

### Contact Details

Fields marked with \* must be completed

Name or Group leader's name \*

Name of Organisation

(if applicable)

Phone Number \*

Email\*

Address of the group \*

(where any correspondence should be sent including posters and flyers)

Address where you rehearse

(if different from above)

Website and social media handles

(including Facebook, Instagram and X/Twitter)

Is there anybody else that we need to have contact with (e.g. the choreographer)?

If yes, add in name and contact details.

Please estimate how many leaders/support staff will attend on the day? \*

Do your group leaders hold Enhanced DBS checks registered with the Update Service? \*

Yes       No

Do your group leaders hold chaperone licences? \*

Yes       No

If yes, please provide:

Full Name:

Home address:

Expiry date of chaperone licence:

## About you/your group

Name of your group/solo name \*

Name of your group/solo name as it should appear in  
the programme

Approx. number of performers \*

Age range of performers \*

Brief description of you/your group \*

Who you are and what you do. Please note this may be used in the performance listings  
on our website and maybe shortened.

**Brief description of you/your groups' needs, including access needs \***

(i.e. mild, moderate or severe learning disabilities, mixture of learning/physical disabilities, any access requirements including if you will need access to a changing places toilet. Please include the number of wheelchair users. If you are currently unsure, please include the highest number there could be and note that this is to be confirmed)

**Have you taken part in Expressions before? \***

If yes, how many times?

Is there anybody from your group that may also be performing/working in another group as part of Expressions?

If so, please list names and group/s so that we consider this in our programming.

## About your piece

Please note, we ask you to keep your technical requirements simple, this helps to ensure there's enough time for all groups to have a technical rehearsal before they perform. Bear in mind that all performances have a relaxed format, so please select your music wisely and avoid loud noises/effects that could prove distressing to others.

Those submitting film work will not need a technical rehearsal on the day of the performance.

Those who would like to combine live performance and film may need to have a technical rehearsal at Northern Ballet ahead of the performance day, to give more time to fit the live and film together. The Expressions project manager will contact you to discuss further.

We are unable to accommodate large pieces of set and ask that you only bring handheld instruments/props.

We ask that work is no longer than 7 minutes in length to ensure we can welcome as many pieces as possible. Work shorter than 7 minutes is also welcome.

**Tell us about the piece you will create, the ideas you will use during the creation process and any themes you hope to explore and in brief, any technical elements you may need us to provide**

For example: Projection

A large, empty rectangular box with a thin black border, designed for users to write their responses to the questions in the surrounding text.

**Are you applying to perform live or submit a film? \***

If you are submitting a film, please tell us more about it, including how it has been filmed (For example: using Zoom, with a mobile device etc, and what file format you have the film available in)

Live

Film

Live with pre-recorded element

**Approximately how long is your piece \***

**Tell us about your music: what tracks will you use  
and whether this will be live or pre-recorded \***

Please note that music produced by Disney and from musicals needs to be discussed with us as soon as possible.

Please let us know which performances you would be available to take part in \*

Wednesday 15 July 1pm

Wednesday 15 July 7pm

Thursday 16 July 1pm

Thursday 16 July 7pm

NB: We cannot guarantee your first preference but will do our best to accommodate all requests. If there is a performance you cannot take part in, please indicate below.

What is the earliest time your group could arrive for a technical rehearsal on your preferred day?\*

## Data Protection

Do you consent for Northern Ballet to contact you about other Expressions 2026 related opportunities? (such as performances, workshops, CPD) \*

Yes

No

Do you consent for Northern Ballet to contact you about future events and opportunities which are relevant to you and your group? \*

Yes       No

## Confirmation

Print name \*

Signature \*

Date \*